

Essex 1 – TSCC #1577  
Essex 2 – TSCC #1723  
5229/5233 Dundas St. West  
Etobicoke, Ontario  
M9B 6L9 / M9B 6M1  
[www.theessex.ca](http://www.theessex.ca)

## 11th Annual Holiday Gathering

On December 1, 2015, residents of Essex 1 and 2 celebrated their 11th Annual Holiday Gathering. Original residents noted their tenure here, reminiscing with newer neighbours about life at The Essex. The various cheeses and tidbits were delicious. Spirits were ably tended by David.



Doug conducted the raffle for precious prizes, all donated by vendors, who were appreciative of serving the Essex community. All organized by Jennifer and Trish and hosted by Essex Board Members.

Many thanks to residents for their generous Daily Bread Food Bank donations and a whole variety of toys distributed by Toronto Fire Services.

Your Newsletter Team:  
Cathy Kelly,  
Bill McDougall,  
Jennifer Morley,  
Fred Reichl

## Do You Have a Handyman Handy

If you are one of our residents who has downsized from a detached house, living in a condo is not much different except for the shovelling and mowing. On the other hand, first time condo residents may be surprised to find out what you need to take care of.

Fear not, however, for here at the Essex buildings we have a few "secret weapons" against the variety of issues you need to deal with as a condo owner. These invaluable helpers are our superintendents and our property manager.

While they are not responsible for any repairs or maintenance for individual units, they have a wealth

of experience, knowledge and resources to point you in the right direction. Never hesitate to call the management office to get advice or to arrange a visit from a superintendent to help diagnose a problem, get suggestions on how to proceed, and receive recommendations on which professional(s) to contact, if necessary.

If you are renting a condo in our buildings, contact the owner of the unit first.

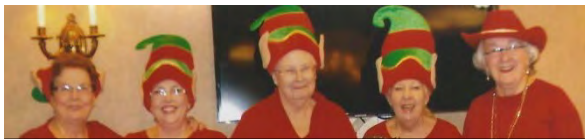
Some suggestions for this month:

- Check the caulking around your tub and shower to ensure it's not wearing away and allowing for a potential leak to the unit below.

- Check all faucets for drips and other evidence of less than perfect functioning. (A common problem here is a "cartridge" that needs replacing.)
- Remove lint from the filter in the ceiling above your dryer frequently!
- Fan coil unit filters are automatically changed yearly as part of your fees, but you may need to change yours more often. See the Concierge for additional filters available at a nominal fee.

*Remember, preventative maintenance is easier and less expensive than an emergency repair.*

## First Annual Childrens' Holiday Gathering – HO HO HO



**The elves have been busy getting ready for the children to arrive at Santa's party on Sunday, December 20.**

**(Maria, Barbara, Carol, Jackie & Sylvia)**



**Story "Night Before Christmas"**



**Singing "Santa Claus is Coming to Town"**



**We hear Santa's bells!!!!!!!**



**Santa arrives, YEAH!!!**



**Santa in conversation**



**Santa's oldest visitor**



**Santa's youngest visitor**



**Santa (Bill) & the team of elves**

## Reflections of a Retiring Editor

This is the 63<sup>rd</sup> edition of Essex News, published to inform residents and owners of The Essex Condominiums about happenings and issues relevant to them.

I was there to lead production of all 63 editions but this will be my last.

One other originating member of the team, Cathy Kelly, has been a keen insurer of the integrity of the content and protector of the English language for all editions since then.

When you look back at the editions beginning with the first in November 2004, they reflect a developing history of our community.

At first, our audience was

as a single community, Essex 1, while we anticipated the addition of Essex 2, whose official inauguration took place on January 30, 2006.

We reported on celebratory community events, hints on being good neighbours in a close knit condominium community, helpful hints on being a greener community, condo fees that keep going up mostly due to outside pressures despite efforts under our control to contain them, and a myriad of other items of the day.

In 2005, we added our website, [theessex.ca](http://theessex.ca). It has proved to be a handy and useful source of information about The Essex and a convenient

feedback mechanism as well.

Over the years, we reported on the other three Tridel buildings who joined the site as independent neighbours, and most recently on issues about the planned new Dundas-Aukland condo project soon to be a new neighbour to the west of Essex 2.

I won't be involved in reporting on future events, but I wish all of you Godspeed and best of luck to a new newsletter and website team to make sure you continue to be well informed.

Respectfully,  
Fred Reichl

## AMENITY TIPS

Overnight guests need a parking pass

(See your Concierge)



Book Your Guest Suite Early

(Begin online at [www.theessex.ca](http://www.theessex.ca) or in person at the Management Office)

## Keeping Healthy In Our Fitness Centre

Fitness centres offer germs the ideal places to thrive - warm, moist places like **saunas, shower stalls, floors and locker rooms** are the most common breeding grounds.

Both the virus that causes plantar's warts and the fungus causing athlete's foot thrive in such warm, moist environments.

*The Shared Facilities Committee, under the direction of your Boards of Directors, continues to work with our cleaning company and staff to make sure that we are maintaining the best standards and practices to keep everything clean and free of germs.*

**On a daily basis, our housekeeping staff** dry sweep, wash and disinfect change room floors.

All shower faucets, walls, floors, shelves, soap dispensers, shower heads, railings and handicap chair are also cleaned daily.

All change room and sauna benches are cleaned with disinfectant twice daily and more often if soiled with creams, etc.

*However, to ensure complete hygienic conditions, this is not enough!!*

Notify the office if you see any mould, mildew, debris or damage to shower curtains, walls or floors.

**We also play our part** by following sound personal hygiene practices:

- *Wear flip flops or shower sandals to avoid walking around the change room barefoot. Place a towel before sitting on benches.*
- *Remove all your personal articles from the shower stalls.*
- *Do not leave any soap, dirty band-aids, diapers etc. in the shower stall or change room.*
- *Discard all dirty items in the garbage bin.*
- *Spread the curtain across the shower rod so the curtain can dry better.*



Book the Party Room Early

(Begin online at [www.theessex.ca](http://www.theessex.ca) or in person at the Management Office)

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## Events Calendar

| Date            | Calendar Item             | Time of Day            | Considerations for residents  |
|-----------------|---------------------------|------------------------|---|
| Mondays         | Zumba                     | 7 pm to 8 pm           | Open to all interested residents – fee applies  |
| Tuesdays        | Yoga                      | 7 to 8 pm & 8 to 9 pm  | Open to all interested residents – fee applies  |
| Thursdays       | Gentle Pilates            | 9 am to 10 am          | Open to all interested residents – fee applies  |
| Thursdays       | Morning Coffee            | 10 am to 11 am         | Open to all interested residents  |
| Jan 1 & Feb 15  | Management Office         | Closed – Stat. Holiday | Check with Concierge or go to <a href="http://theessex.ca/contact.htm">http://theessex.ca/contact.htm</a> |
| Jan 6 & Feb 3   | Monthly Fire Testing      | 9 am to 5 pm           | Be aware of test alarms and elevator interruptions  |
| Jan 13 & Feb 10 | Monthly Generator Testing | 9 am to 12 pm          | Be aware of test alarms and elevator interruptions  |

## Morning Coffee Annual Holiday Pot Luck Luncheon



Residents who attend Morning Coffee here at The Essex celebrated the Holiday Season with a Pot Luck Luncheon on December 17.

Contributions to the Luncheon look pretty yummy.



Residents from across The Essex meet every Thursday morning for a couple of hours of connecting with their Essex neighbours.

An important venue to come to socialize with fellow residents with a wide variety of life experiences. Everyone is welcome!

## About The Essex

Visit Our Website [www.theessex.ca](http://www.theessex.ca)

- Information on your corporation,
- Annual events calendar,
- Update resident data,
- Book amenities,
- Ask a question,
- Offer a suggestion.

Concierges (24 hours a day):

Essex 1:  
416 239-0685

Essex 2:  
416 239-2286

Moves/ Deliveries:

Essex 1 and 2:  
Mon – Fri:  
8 am to 8 pm  
Sat – Sun:  
9 am to 5 pm

Statutory Holidays:  
NO Moves

Recreation Centre  
5 am – 12 midnight

Exercise/Aerobics Room  
24/7

Call your Concierge to book ALL Moves, Deliveries, Virtual Golf, Billiards, Board, Meeting Room and BBQs

Property Manager:  
416 239-9786  
Mon. – Fri.  
9 am - 5 pm

Call the Property Manager or go online

For Party Room, & Guest Suites Reservations