

Essex 1 – TSCC #1577
Essex 2 – TSCC #1723
5229/5233 Dundas St. West
Etobicoke, Ontario
M9B 6L9 / M9B 6M1
www.theessex.ca

To get in touch
with any Board
or Committee
member,

1. GO ONLINE
at our website

theessex.ca

2. CLICK on
the

Contact

Tab

3. FILL IN the
form with your
FEEDBACK info

4. PRESS submit

It's easy.

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Your
Newsletter Team:

Cathy Kelly,
Bill McDougall,
Jennifer Plant,
Fred Reichl

2015 Boards of Directors

Essex 1:

- Fred Reichl, President
- Stephen Perelgut, Vice President
- Doug Hubel, Treasurer
- John Tan, Secretary
- Carol Goldman, Director

All members affirmed their personal commitment to good governance by signing the Essex DIRECTORS' CODE OF ETHICS at the first Board of Directors meeting, following the May AGM.

Click on [Essex Directors' Code of Ethics](#) on our website for the full text.

Essex 2:

- Alan Webb, President
- Paul Chant, Treasurer/Secretary
- Larissa Klepatch, Director
- Bill McDougall, Director
- Ruth Bartholomeusz, Director

All members affirmed their personal commitment to good governance by signing the Essex DIRECTORS' CODE OF ETHICS at the first Board of Directors meeting, following the May AGM.

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2015 Committees

Essex 1:

- Shared Facilities Committee:
Carol Goldman and Fred Reichl
- Shared Roadway/Walkway Committee:
Carol Goldman and Fred Reichl
- Social Committee Co-Chair:
John Tan
- Communications Committee Co-Chair:
Fred Reichl
- Site Quality Committee Chair:
Stephen Perelgut

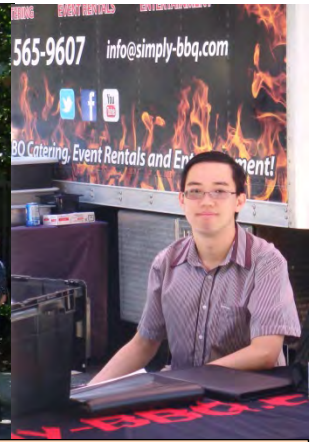
Essex 2:

- Shared Facilities Committee:
Bill McDougall and Alan Webb
- Shared Roadway/Walkway Committee:
Bill McDougall and Alan Webb
- Social Committee Co-Chair:
Larissa Klepatch
- Communications Committee Co-Chair:
Bill McDougall

ESSEX Community Barbeque - Sunday Fun, Frolic and Fine Food



The Griller Team Ready To Go!!!



John Ready To GO!!!



Residents enjoying the sunny weather and a fine meal – in groups and couples around the site

Be Energy Wise, Save Money Too!

In physics class we learned:
"where there is an action, there is an equal but opposite reaction".

The same can be said about energy costs: the more you use, the more the effect on your wallet.

Here are some helpful tips to save energy, water and money.

Water

- Keep a container of drinking water in the refrigerator to avoid running the tap unnecessarily.
- Thaw frozen foods ahead of time, not under running hot water.
- Do not use toilets for disposing of trash or waste paper.

Appliances

- Let hot leftovers cool down before putting them in the refrigerator.
- Set your refrigerator between 1.7 and 3.3 degrees Celsius and the

freezer compartment to -18 degrees Celsius for maximum efficiency and food safety.

- Allow enough space for continuous air flow around your refrigerator as the motors and compressors generate heat. If heat is unable to escape, the cooling system has to work harder thus resulting in more energy usage.

Microwaves

- Defrost food using the natural method opposed to using the microwave.

Electric Ranges (Ovens)

- Thawing foods allows you to reduce the recommended cooking time by 30%.
- Keep your oven door closed. Every time that you open your oven door during cooking, the temperature drops 5 to 10 degrees.

Clothes Dryers

- Clean the lint filter of the dryer after every use. A clogged lint filter increases drying time.
- Dry towels and heavier cottons in a separate load from lighter-weight clothes.

Interesting Facts

- One drop per second from a leaky faucet will waste enough hot water every month for 16 hot baths.
- The average home washing machine is used 416 times per year.
- Refrigerators use 7% of the nations electricity.
- Refrigerators account for 25% of the average electricity bill.
- If each member of a family of four takes a daily five-minute shower, the family will use more than 700 gallons of water every week, which is a three-year supply of drinking water for one person.

Suite Comfort Is A Seasonal Affair!



Like many other condominium high-rise residences, our buildings here at The Essex have a binary heating/cooling system.

Binary means that depending on the time of year, the system has either hot or cold water circulating through the fan coil units in our suites.

Our fan coil units are connected by means of a pipe network to a central heating boiler during the heating season or to a central water chiller unit during the cooling season.

Twice a year, the decision is made about a switchover date, considering the weather.

For the Spring change-over, the building boilers must be switched off three days prior to the A/C start-up date to allow the system to cool down before turning the water chillers on.

This Spring, the boiler shut-off date was May 11

and the AC start-up date was May 13

For the Fall change-over, the building water chillers must be switched off three days prior to the heating start-up date to allow the water in the system to reach "room" temperature, before turning the heating boilers on.

Last Fall, the chiller shut-off date was October 14 and the boiler start-up was October 15.

Weather permitting, a similar timing is planned for this fall.

Your fan coil units have an additional useful feature.

They are equipped with an electric auxiliary heating system to help supply some heat during the switch over.

This means if your suite dips below your desired set point, it will switch on and supply enough heat to keep you warm.

If you need some heat during the switchover, please raise your thermostat to the highest setting to ensure that the system kicks on.

Every heating/cooling fan coil unit has its own thermostat.

To assist you in obtaining

the best level of comfort, please follow these helpful hints:

1. *Turn the thermostat ON*
2. *Adjust the Control Dial to the desired temperature*
3. *Adjust Fan Control Switch to ON or AUTO position*

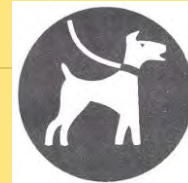
It is suggested that the fan motor be run at the LOW speed option and set to AUTO.

Slow moving air will pick up more cooling from the supply coil in the unit, and maintain a more constant temperature for a longer period of time.

When you want to cool a room quickly, use the high speed setting for a short period of time only, and then return the fan switch setting to low.

High speed air picks up less cooling effect but does provide faster air circulation.

Naturally there is more fan noise with high speed operation.



ESSEX DOGS

Please remind your owners about being a good neighbour!!!

Tell them that anywhere on Essex property:

Dogs must be kept on a short leash at all times

Dogs must be taken completely off the property to do their business

Dogs must be kept off any grass while entering or leaving the property

Don't leave me alone too long!

I get hungry

I get lonely

I bark to get attention

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"No other agent has sold more Essex/Nuvo condos"
* stat based on Toronto MLS from 2004 to present

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Events Calendar

Date	Calendar Item	Time of Day	Considerations for residents
August - 2015			
Mondays	Zumba	7 pm to 8 pm	Open to all interested residents – fee applies
Tuesdays	Yoga	7 to 8 pm & 8 to 9 pm	Open to all interested residents – fee applies
Thursdays	Gentle Pilates	9 am to 10 am	Open to all interested residents – fee applies
Thursdays	Morning Coffee	10 am to 11 am	Open to all interested residents
August 3	Management Office Closed	Civic Holiday	Check with Concierge or use http://theessex.ca/contact.htm
August 4 - 7	Essex 1 Fan Coil Maintenance	9 am to 5 pm	Suite access with escort guard. Ensure fan coil units are obstruction free.
August 5	Monthly Fire Testing	9 am to 5 pm	Be aware of test alarms and elevator interruptions
August 5	Monthly Generator Testing	9 am to 12 pm	Be aware of test alarms and elevator interruptions
August 19	Essex 2 Owners Meeting	7 pm	Information meeting for Owners
September - 2015			
Mondays	Zumba	7 pm to 8 pm	Open to all interested residents – fee applies
Tuesdays	Yoga	7 to 8 pm & 8 to 9 pm	Open to all interested residents – fee applies
Thursdays	Gentle Pilates	9 am to 10 am	Open to all interested residents – fee applies
Thursdays	Morning Coffee	10 am to 11 am	Open to all interested residents
Sept. 2	Monthly Fire Testing	9 am to 5 pm	Be aware of test alarms and elevator interruptions
Sept. 2	Monthly Generator Testing	9 am to 12 pm	Be aware of test alarms and elevator interruptions
Sept. 7	Management Office Closed	Labour Day	Check with Concierge or use http://theessex.ca/contact.htm

About The Essex

Visit Our Website
www.theessex.ca

- Information on your corporation,
- Annual events calendar,
- Update resident data,
- Book amenities,
- Ask a question,
- Offer a suggestion.

Concierges (24 hours a day):

Essex 1:
416 239-0685

Essex 2:
416 239-2286

Moves/ Deliveries:

Essex 1 and 2:
Mon – Fri:
8 am to 8 pm

Sat – Sun:
9 am to 5 pm

Statutory Holidays:
NO Moves

Recreation Centre
5 am – 12 midnight

Exercise/Aerobics Room
24/7

Call your Concierge to book ALL Moves, Deliveries, Virtual Golf, Billiards, Board, Meeting Room and BBQs

Property Manager:
416 239-9786
Mon. – Thurs.
9 am - 5 pm
Summer Fridays
9 am - noon

Call the Property Manager or go online

For Party Room, & Guest Suites Reservations