

2013

ESSEX

BBQ



SUNDAY

JUNE 23

12:30 pm

until

2:30 pm

Just
\$2.00
per meal!



Essex 1 – TSCC #1577
Essex 2 – TSCC #1723
5229/5233 Dundas St. West
Etobicoke, Ontario
M9B 6L9 / M9B 6M1
www.theessex.ca



2013 AGM Results

ESSEX 1 – TSCC#1577

On Wednesday, May 29, Essex 1 owners held their Annual General Meeting.

In addition to the normal items of business, Essex 1 board members shared highlights of the actions taken and planned so far in response to suggestions offered in the Essex 1 January 2013 survey. A full survey report is posted at www.theessex.ca/about.htm.

Information on any further actions will be communicated as appropriate.

Owners also voted to fill the board of directors opening occasioned by the completion of the term of Fred Reichl.

Owners re-elected Fred for another three year term.

ESSEX 2 – TSCC#1723

On Tuesday May 28, Essex 2 owners held their Annual General Meeting.

Essex 2 owners voted to fill three board of directors openings occasioned by the completion of the term of Nora Mawashi and completion of the appointed terms of Sam Bilko and Paul Chant.

Owners re-elected Sam and Paul and newly elected Larissa Klepatch.

Congratulations to all new members and thanks to Nora for her term of service.

New Essex Management Office Administrator

Please welcome Trish Neebar as our new Essex Site Administrator.

Trish takes over from Natalie Martinez who has moved on to another location in her new duties as an Assistant Property Manager.

Trish handles

administrative duties in the Management Office, reporting to Jennifer Plant, our Property Manager.

Trish has a Diploma in Business Administration and Marketing and brings many years of experience in Customer Care.



Pilates for Seniors

In response to a request for an additional exercise program tailored to seniors, we have approved Pilates for Seniors, which begins June 20. Registration on June 13.

The program will be offered in the Party Room on Thursday mornings in conjunction with the Thursday Morning Coffee Gathering.



The cost will be \$60.00, for a commitment to six weekly sessions.

Drop-ins are welcome at a cost of \$12 per session. Check bulletin boards for more details.

Your Newsletter Team:
Anne Bisson,
Cathy Kelly,
Bill McDougall,
Fred Reichl
To offer a suggestion:
Go to
theessex.ca/Contact.htm



Don't Send Drugs Down The Drain

Pharmaceuticals that are washed down the drain or flushed down the toilet end up in our water system which creates a potentially dangerous environmental exposure to chemicals.

An increased amount of chemicals has already been detected in our drinking water for this reason.

Throwing medication into the garbage that goes to landfills is no better for the environment.

On May 11, 2013, Toronto Public Health, Health Canada and Toronto Police Service launched an ongoing public

health initiative to encourage us all to take old or no longer needed medications to any pharmacy.

Pharmacies are legally obligated (as of October 2012) to accept and dispose of all drugs brought to them by any member of the public.

Alternatively, the city of Toronto offers these disposal options:

- The City's Household Hazardous Waste Depots
- Toxic Taxi (call 311) for pick up
- Community Environment Days (toronto.ca/environment_days)

Pharmaceuticals also present a hazard to our children and

teens. Accidental ingestion is possible whenever young children can see and reach medicines that they confuse for candy.

For teens the problem is usually illegal or recreational misuse of drugs that they take from the family cabinet.

This problem affects public safety and community well-being.

Always keep medications in a safe and secure spot.

Thanks to our Police Community Liaison, David Douglas, for the information in this article.

Aerobics Room Gets A New Floor Surface

The floor surface in the Aerobics Room has been upgraded with new, more exercise-friendly sport floor tiles, designed specifically for exercise, weight rooms and other high impact applications.

This flooring is similar to the one

installed in the Exercise Room some time ago.

The surface texture, coupled with the product's unique two ply vulcanized construction, incorporates a highly-resilient rubber wear layer and an elastic cushioned performance layer.

This provides a tough, abrasion and impact resistant composition with excellent slip-resistant, fatigue, and acoustical characteristics.

We trust this surface will serve us as well as it has done in the Exercise Room.

Yoga/Stability Exercise Balls Make the Room(s) Complete

To complete the array of equipment in our Exercise and Aerobics Rooms, upon resident requests, we have ordered Yoga/Stability Balls.

We trust these exercise balls will prove quite useful as residents enjoy taking advantage of the new

rubberized flooring, just installed.

Please stack them carefully when you are done using them.

Exercise safely. And be kind to your fellow athletes.



Suite Comfort Is A Seasonal Affair!



Like many other condominium high-rise residences, our buildings here at The Essex have a binary heating/cooling system.

Binary means that depending on the time of year, the system has either hot or cold water circulating through the fan coil units in our suites.

Our fan coil units are connected by means of a pipe network to a central heating boiler during the heating season or to a central water chiller unit during the cooling season.

Twice a year, the decision is made about a switchover date, considering the weather.

For the Spring change-over, the building boilers must be switched off three days prior to the A/C start-up date to allow the system to cool down before turning the

water chillers on.

This year the boiler shut-off date was May 3 and the AC start-up date was May 7.

For the Fall change-over, the building water chillers must be switched off three days prior to the heating start-up date to allow the water in the system to reach "room" temperature, before turning the heating boilers on.

Last Fall, the chiller shut-off date was October 9 and the boiler start-up was October 11.

Weather permitting, a similar timing is planned for this fall.

Your fan coil units have an additional useful feature. They are equipped with an electric auxiliary heating system to help supply some heat during the switch over. This means if your suite dips below your desired set point, it will switch on and supply enough heat to keep you warm. If you need some heat during the switchover, please raise your thermostat to the highest setting to ensure that the system kicks on.

Every heating/cooling fan coil unit has its own thermostat. To assist you in obtaining the best level of comfort, please follow these helpful hints:

1. Turn the thermostat ON
2. Adjust the Control Dial to the desired temperature
3. Adjust Fan Control Switch to ON or AUTO position

It is suggested that the fan motor be operated on the low speed setting and set to AUTO.

Slow moving air will pick up more cooling from the supply coil in the unit, and maintain a more constant temperature for a longer period of time.

When you want to cool a room quickly, use the high speed setting for a short period of time only, and then return the fan switch setting to low. High speed air picks up less cooling effect but does provide faster air circulation. Naturally there is more fan noise with high speed operation.



BE BALCONY WISE

Please do not throw *anything* off your balcony. It's dangerous!

Be safe! *Nothing* must be hung from balcony railings, walls and ceilings.

Avoid injury! Never toss cigarette butts off balconies.

Take light-weight objects indoors on windy days.

Don't shake dusty mops and carpets off balconies.

Never sweep, spill or drip water off balconies.

Sweep dust and debris onto dust pans, not off the balcony.

Don't store "stuff" on balconies – only seasonal furniture and planters.

Sound travels! Let's be considerate of our neighbours.

Relax and enjoy your balcony! Have a great summer everyone!

Our advertisers – Here to serve you

For information about placing an ad, email news@thesessex.ca



Renata Zuger
Salesperson

Direct: (416) 606-3630
Bus: (905) 268-1000
Fax: (905) 277-0020
www.renatazuger.com
Email: renata.zuger@sympatico.ca



151 City Centre Dr., #300, Mississauga, ON L5B 1M7
Owner Resident Essex II
Your "Essex" Expert

Uh...Oh, ...better get,



19 Advance Road, Etobicoke
3 Blocks South of The Essex
Off Kipling

COLLISION REPAIR & AUTO PAINTING
416-233-0991

Serving Toronto for over 30 Years
Bring in this AD to Save!

This could be your advertisement.
Any material acceptable to the Newsletter team
Total of \$150 for a single business card size ad
shown in five issues.
We will scan your hard copy,
accept your jpeg image
or other electronic format.
To order, just email us at news@thesessex.ca




Vision Realty Inc, Brokerage
2210 Markham Road, Unit 1
Toronto, Ontario M1B 5V6
Satellite Office Downtown

Andrea Davidson

"No other agent has sold more Essex/Nuvo condos"
* stat based on Toronto MLS from 2004 to present

416.321.2228
davidsonandrea@rogers.com
andreadavidson.com

Larissa Klepatch, B.Sc.
Broker

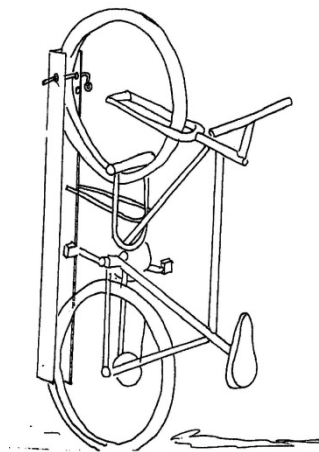


Your Community Realty,
Brokerage - Independently Owned & Operated
187 King Street East
Toronto, Ontario M4A 1J5

Bus: 416.637.8000
Cell: 416.844.9449
Fax: 416.361.9969
lklepatch@trebnet.com

This could be your advertisement.
Any material acceptable to the Newsletter team
Total of \$150 for a single business card size ad
shown in five issues.
We will scan your hard copy,
accept your jpeg image
or other electronic format.
To order, just email us at news@thesessex.ca

Bike Racks Survey – Coming To All Owners Soon



Over the past while, your Boards of Directors have had requests for the installation of bike racks that would provide for more secure storage of bicycles in our underground garage.

So far we have responded by making available the option of the installation of eyebolts on an inside wall of owned parking spots to which a bicycle could be secured. However, not all parking spots have inside walls.

Since there are no common areas suitable for the installation of bike racks, the only option is to convert two long term visitor parking spots on P2 for the installation of about 30 bicycle racks to be made available on a fee for rental basis.

Since residents using these bicycle racks in visitor parking is contrary to what is specified in our Declaration, we need to gain the support of owners before proceeding.

To that end, shortly all owners will be asked to fill out a brief survey indicating their degree of support for this installation and if so, their interest in renting a bicycle rack themselves.

About The Essex

Visit Our Website
www.thesessex.ca

For information, to update resident data, book amenities, ask a question, offer a suggestion.

Concierges (24 hours a day):

Essex 1:
416 239-0685

Essex 2:
416 239-2286

Moves/
Deliveries:

Essex 1 and 2:

Mon – Fri:
8 am to 8 pm

Sat – Sun:
9 am to 5 pm

Statutory Holidays:
NO Moves

Recreation
Centre

5 am – 12 midnight

Exercise/Aerobics
Room
24/7

Call your
Concierge
to book ALL
Moves, Deliveries,
Virtual Golf,
Billiards Rooms
and BBQs

Property
Manager:
416 239-9786
Mon. – Fri.
9 am - 5 pm
Summer – Fri.
9 am – 12 pm

Call the
Property Manager
or go online

For
Party Room,
Board/Meeting
Room &
Guest Suites
Reservations