



**Montgomery's Inn Farmers Market**  
Wednesdays till Oct. 12<sup>th</sup>, 3 to 7 p.m.  
4709 Dundas West, near Islington.  
[www.montgomerysinn.com](http://www.montgomerysinn.com)

**Sherway Farmers Market**  
Fridays till Oct. 28<sup>th</sup>, 8 a.m. to 2 p.m.  
North Parking Lot of Sherway Gardens on the Queensway  
[www.sherwaymarket.com](http://www.sherwaymarket.com)

**Etobicoke Civic Centre Farmers Market**  
Saturdays till the end of November, 8 a.m. to 2 p.m.  
399 West Mall at Burnhamthorpe  
[www.greenbeltfresh.ca/farmers-market-list](http://www.greenbeltfresh.ca/farmers-market-list)

**Stonegate Community Health Centre Farmers Market**  
Tuesdays till Oct. 11<sup>th</sup>, 4 to 7 p.m.  
194 Park Lawn, in the parking lot of Christ Church St.  
James  
[www.stonegatechc.org](http://www.stonegatechc.org)



**Essex 1 - TSCC #1577**  
**Essex 2 - TSCC #1723**  
5229/5233 Dundas St. West  
Etobicoke, Ontario  
M9B 6L9 / M9B 6M1  
[www.theessex.ca](http://www.theessex.ca)

## Safe Swimming At The Essex

On August 20, 2011, The Toronto Star reported that *"Toronto pools and hot tubs at luxury condos, high-end health clubs and children's swim schools have repeatedly violated public health and safety rules, potentially exposing bathers to injury and disease."*

We are happy to report that swimming facilities here at The Essex have never had a safety or health violation noted by City of Toronto inspectors.

Staff and external contractors who monitor and maintain the swimming pool, hot tub and saunas are well trained and instructed to be meticulous in their care of facilities to ensure the safety, comfort and enjoyment of our residents and guests. The swimming pool, sauna, hot tub and change rooms undergo regular maintenance and repairs as necessary to maintain a high standard of performance.

## Doing Your Part

As a reminder, you and your guests can do your part in assuring safe swimming by taking a warm water and soap shower before entering the pool deck. Never swim or use the spa when infected with a communicable disease or with open sores on your body. Do not spit water, blow your nose or pollute the water in any other manner.

Swimmers who are not toilet trained must wear snug fitting rubber pants over a cotton diaper or suitable

disposable swim pants or pool pant diaper, e.g. Huggies Little Swimmers disposable swim pants, etc. The changing of diapers is prohibited within the swimming pool area.

And for everyone's enjoyment, be aware of and abide by all the rules that are posted in each of the areas. In any case, residents are encouraged to promptly report anything that seems unsafe about the pool or its usage to the concierge or management office.

## Farmers Come To The City!

Even though summer vacations are ending for most people, the Ontario growing season is not over yet.

There are many opportunities to still get fresh produce and you don't have

to go to the country to get it. There are four weekly farmers' markets not far from the Essex.

See the left banner for the locations.

## Emergency Generators Follow-up

We are happy to report that the emergency electricity generators in both buildings are now working correctly.

The operational review concluded that the Essex I generator transfer switches were blown as a direct result of the power outage and although the generator itself was working fine, the switches were unable to transfer the load until they were repaired.

The Essex II generator had a blocked fuel pump injector and so did not work as it should have. The fuel pump injector has now been repaired.

Operational Review Action Steps:

1. As a preventative measure, new fuel filter screens are being installed in both generators to avoid future blockages.
2. Full load tests will be conducted monthly in the future. This means that for one hour per month all the elevators will ground to the first floor and then one elevator will be available on a rotating basis until the full load test is over.

The date and time will be posted as is done for the monthly fire testing.

## Down The Drain

It sure isn't pretty but this picture shows what the inside of our kitchen drain stacks look like over time.

The end result is that every few years it is necessary to have the drain stacks that service all our units cleaned out. For Essex 2, the work was done this past spring and for Essex 1, work recently began on August 30.

The cause of the problem, of course, is that the stuff that goes down our kitchen drains

congeals and sticks to the sides of the pipes. The drainage flow in the 4 inch diameter drain stacks gets increasingly smaller as the greasy gunk builds up.

Can you help to control the problem? Absolutely! Never wash food scraps down your sink. Always avoid pouring grease down the sink. Some grease can be cooled and discarded in your green bin or wiped up with a paper towel and put in your garbage.



(Cross section of an actual Essex drain pipe)

Together, we can keep our drains flowing clearly and avoid costly plumbing repairs.

## DryerFighters Are Here Again

Clogged up clothes dryer lint traps not only make your clothes take longer to dry but also constitute a serious fire hazard.

As a backup to your cleaning efforts, both Essex condominium corporations regularly schedule a universal inspection and clean out of all suite clothes dryers for the safety of all residents.

Essex 1 work will begin on September 6.

Essex 2 is scheduled for next year.

All clothes dryers are disassembled to remove internal lint accumulation. Interior heating coils, motors, electrical wires, switches and secondary inline lint screen filter boxes are accessed and cleaned. The clothes dryer exhaust system ducts in the ceiling and transition ducts at rear of dryer are accessed and cleaned.

## Red Cabin Burgers No More

The venerable site of the Red Cabin Burgers at Auckland and Dundas is no more.

The owners who have operated the site for the past 30 years have opted to retire.

The site may be developed into a mixed commercial building.

### Your Newsletter Team:

Anne Bisson,  
Cathy Kelly,  
Bill McDougall,  
Fred Reichl

To offer a suggestion:

Go to  
[theessex.ca/Feedback.htm](http://theessex.ca/Feedback.htm)

## LEDs – The Lighting Choice of The Future

Light emitting diodes (LEDs) powered by semi conductors are widely used as the backlights for mobile phones, computer monitors and televisions.

A recent report by McKinsey, a consultancy, projects that by 2020 LEDs could make up 59% of the total lighting market compared with 10% in 2010 (see chart).

Lighting consumes 25% of world electricity supplied largely by traditional wasteful incandescent bulbs that give off plenty of heat as well as useful light.

LEDs, on the other hand,



use 20% of the electricity of a comparable incandescent bulb and can last between 20 and 50 times longer.

The current drawback of LEDs is price. The newest 60 watt LED equivalent bulb costs more than \$40, compared with about \$1 for a regular bulb.

Not surprising, LEDs were

not the bulb of choice for our current garage lighting refit.

T8 fluorescent tubes offered much better economic returns.

However, should LEDs come down enough in price, the current T8 fixtures can be used by simply bypassing the ballast.

LEDs have great promise but are not a good economic deal yet.

According to the U.S. Department of Energy, by 2020, driven by new production technology, the price of LEDs will come down by as much as 90%. (Source: The Economist, August 20-26, 2011)

There are still a couple of convenient opportunities to get rid of old electronics, household hazardous waste and other difficult to dispose of items.

It is important not to put these types of things into our Essex recycling bins or dumpsters.

**September 10<sup>th</sup>**  
**10 a.m. – 2 p.m.**  
at Stonegate Plaza  
150 Berry Road  
(at Stephen Drive, east of Park Lawn)

**September 17<sup>th</sup>**  
**10 a.m. – 2 p.m.**  
Etobicoke Civic Centre  
2 Civic Centre Court,  
behind the City building.  
(off West Mall, south of Burnhamthorpe)

## Fires Do Happen

In our last newsletter ([www.theessex.ca/newsdocs/Newsletter%2036%202011%20July%20v9.pdf](http://www.theessex.ca/newsdocs/Newsletter%2036%202011%20July%20v9.pdf)), we covered the choices and procedures for residents should there be a fire in a high rise such as The Essex.

Recently, a suite electrical fire due to an electrical issue with the washer/ dryer put Essex 2 to the test. Fortunately,

the resident was at home when the fire occurred and was able to alert security to call the fire department.

In case of fire in a suite that is not easily and immediately extinguishable, it is important to repeat the basics:

- 1) Stay calm.
- 2) Get everyone out of the suite and close

- 3) Call 911 or pull the fire alarm in the hall outside your suite or call security to call the fire department.
- 4) Do not return to your suite until the fire department or security tells you it is safe to do so.

Exit via the stairwells. Do not use the elevator.

**Fall Window Washing Begins**  
**October 17**



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## About The Essex

Visit Our Website  
[www.theessex.ca](http://www.theessex.ca)

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To ask a question,  
To offer a suggestion.

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**NEED A CAT SITTER?**  
Do you need your cat fed, loved and litter cleaned?  
If you are going away on holidays,  
I will be pleased to do the above for you.  
I live in Essex I and will spend quality time with your pet.  
\$20.00 for two visits / day or \$15.00 for one visit / day  
Please call: Joanne Galbraith @ 647-351-0136  
References available within Essex One

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