



The 30%  Challenge

Remains:

**Reduce the TOTAL amount of waste we produce and SEPARATE recyclable materials from garbage going to landfills.**

**1.7 Bags**



**You throw away 1.7 big green garbage bags each week**



**1.2 Bags**



**You need to reduce this to 1.2 big green garbage bags each week**

**Look inside for TIPS on RECYCLING PAPER AND METALS**

**Next Edition Will Include More Recycling Tips**



**Essex 1 – TSCC #1577**  
**Essex 2 – TSCC #1723**  
5229/5233 Dundas St. West  
Etobicoke, Ontario  
M9B 6L9 / M9B 6M1

## The Essex Goes Green – Re-Usable Filters

The Essex Property Manager has discovered the availability of new RE-USABLE and more efficient air filters for both our suite fancoil units and the building makeup air units that transport fresh air into our hallways.

These eco-friendly filters are made of robust, dual density polyester with excellent dust trapping capabilities.

The filters are cost competitive, more efficient and exceed all municipal and provincial environmental guidelines.

A local firm in Milton, Ontario manufactures these filters and provides a pickup, cleanup, and delivery service.

Independent testing by accredited laboratories ensures that all recycled filters are free of mould, bacteria, silica, hydrocarbons and other environmental contaminants.

Re-using the filters many times drastically reduces filter waste going

to landfill sites.

The plan is to replace the 40 large filters in each of the two building make-up air units with the new ones as soon as possible. These filters will be changed out on the same monthly schedule as today.

For individual suites, we plan to use the new filters when we carry out the annual spring fan coil inspections, cleanouts and filter replacements. You will know when the new filters are in place, because they are coloured black instead of the conventional white. They turn a brownish colour when they get dirty.

If you usually change out your suite fancoil filter more than once a year, just see the Concierge as you do today (\$5.00 per filter, personal cheques only).

Please take the old filter down to the special bin in the recycling room so that it can be sent back for re-use.

## Spirit Of The Season In Action



### Holiday Gathering

On December 4, an overflow crowd of Essex holiday season revelers enjoyed the company of their neighbours. They snacked and scooped up the multitude of door prizes donated by our many appreciative suppliers.

**Social Committee volunteers exuberant in their appreciation of the generous FOODBANK DONATIONS of fellow residents.**

# Which Papers and Metals Can I Recycle?

## All clean dry paper:

Coloured, computer, ledger, shiny, wrapping, arts and craft paper, junk mail, flyers, telephone books, note cards, newspaper, blueprints, magazines, file folders, paper bags, Post-it notes, catalogues, envelopes including those with windows, adding machine paper, NCR paper, hand towels, milk/juice cartons, drink boxes

**Remember:** straws go in the regular garbage.

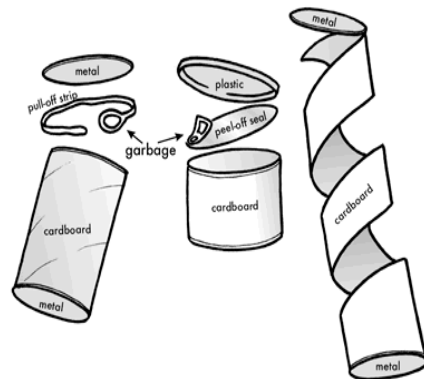
## All cardboard boxes & chipboard:

Cereal, tissue (Kleenex), dry food, frozen food, shoe, paper egg cartons and detergent boxes; paper towel and toilet rolls; and corrugated boxes broken down and flattened.

Cardboard cans such as refrigerated dough, frozen juice, chip, nuts, powdered drink mix and powdered cleanser containers.



**Remember:** Flatten all your boxes.



**Remember:** Put loose metal end inside the cardboard and pull off and throw away the plastic strip or seal.

## Metals:

Aluminum, tin, metal, and bi-metal cans such as soda, juice, soup, vegetables, and pet food cans.

Pie tins, clean aluminum foils.

Aerosol cans, with plastic caps removed.

**Remember:** Rinse all cans and aluminum plates before discarding.



## Doggie, It's Cold Outside!!

Hello there, Essex canines. How do you like this winter so far? Hope you are having fun in the snow with your families.

Here are a few tips to pass along to your humans to help you stay safe and warm.

When temperatures hit freezing, ask to be sure you are completely dry before going outside and stay outdoors for only short periods.

Dressing you in a dog sweater for extra warmth is a good idea, especially if you are a puppy or short-haired dog. You'll look great, too!

Do snow, ice and salt burn your paws? Ask your folks to consider buying dog booties to keep your paws dry and warm.

If you don't like dog boots, it is helpful after being outside if someone uses a damp cloth to

clean those snowy paws and snowy tummies, too. To quickly remove any ice balls caught in the paws, paws can be placed in warm (not hot) water and dried with a towel.

Ice can be very slippery for all of us. It is easy for pets, like people, to slip and be injured. It is wise for pets to stay on a leash whenever walking on or near ice.

When riding in the family car, make sure that your owners do not leave you or Kitty in the car alone. The car can get cold very fast and pets can freeze.

Lastly, we know Essex pets take pride in being good neighbours. Please remind your families to take you off the Essex property for your washroom duties and not use the lawn around our buildings.

## P1! P2! P3! P4! — You Are Not A Visi-Tor!

While your busy life might keep you away from home more than you'd like, you are still not a visitor to the Essex and should therefore never park in the visitor parking spots, indoor or out. If you do, you risk being ticketed or towed. Those spots are reserved for your guests and the guests of other residents.

If you have a guest who is staying later than 2:00 a.m. or overnight, please obtain an overnight pass from the concierge and leave it

on the dashboard of the car. Visitors can remain in visitor parking for a maximum of 7 nights, as long as they have a valid pass for each of the nights. If not, they could get a ticket from the Toronto Parking Authority.

If your guest needs to stay longer than that, you can arrange for a special long term pass from the Management Office. In this case, a security deposit is required and the guest will be lent a FOB for the garage doors.

## Traffic Safety At The Dundas Street Ramp

**Leaving the garage:** If you are inside the building and are leaving to go out on to the street, **STOP**, use your grey FOB button to open the door..... **YOU HAVE THE RIGHT OF WAY.**

**Entering the garage:** If you are outside, coming into the building, **YOU MUST YIELD.**

When you come down the ramp, **STOP**, press

your grey FOB button to open the garage door ....

Wait for the door to open all the way.....**IF** there is no car in the mirror then proceed.

In all cases drive slowly; be alert for people and other cars. Visitors are not as familiar with the garage as you are, so give them a break.

## Recreation Centre Upgrades

- The exercise room flooring will be replaced soon with high quality rubberized material perfect for the purpose.
- The carpeting in the Recreation Centre corridor between the double doors, opposite the swimming pool will soon be replaced with appropriate quality carpet

tiles.

- The chlorine controllers in the pool and whirlpool were replaced to ensure proper PH levels.
- A de-foamer was also installed in the whirlpool to make the water less sensitive to body oils.

**MARK YOUR CALENDARS**

**The AGMs Are Coming**

**Essex 2**

**March 25, 2009**

7 pm

Party Room

**Essex 1**

**April 29, 2009**

7 pm

Party Room

**Be part of the governance process of your condominium corporation**



# About The Essex

**Essex Website:** For a wealth of information, to update resident data, ask a question, or to offer a suggestion, go to our website at <http://www.theessex.ca/>

**Concierges** (24 hours a day): Essex 1- 416 239-0685 or Essex 2 - 416 239-2286.

**Moves/Deliveries:**

**Essex 1:** (Mon – Thu: 11am to 8 pm; Fri: 8am to 8 pm; Sat – Sun: 8 am to 5 pm)

**Essex 2:** (Mon – Thu: 11am to 8 pm; Fri: 8am to 8 pm; Sat: 8 am to 5 pm)

**Essex Club Recreation Centre hours** (5 am - 12 midnight)

Call your Concierge to book ALL *Moves, Deliveries, Virtual Golf, Billiards and BBQs.*

**Property Manager:** 416 239-9786 Mon. 10 am - 6 pm; Tue. – Fri. 9 am - 5 pm

## Your Essex Communications Team:

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Bill McDougall, Fred Reichl

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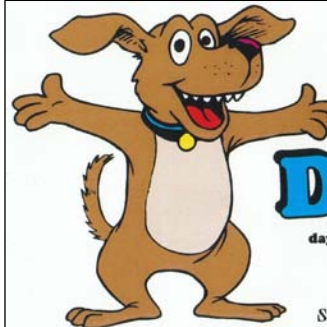
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