

Alert!

Summer BBQ



**Sunday
July 16, 2006**

12 noon to 2 pm

At the Gazebo

Another great opportunity to come out and meet your neighbours and enjoy refreshments too!!

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Essex I Annual General Meeting

The Essex I Annual General meeting was convened on April 26, 2006.

Essex 1 owners exercised their legal right to review and approve the audited financial statements, including a report from their Auditor, Ralph Orvitz.

To fill open positions due to expired terms,

owners elected two board members.

The members of the TSCC # 1577 Board of Directors are:

- Jessica Dwyer (elected)
- Nick Giarratano
- Carol Goldman (re-elected)
- Stephen Perelgut
- Fred Reichl

Essex Two-Way Shared Facilities Committee

The new Essex Two-Way Shared Facilities Committee is now up and running.

This committee's mandate is to manage the shared grounds, recreation centre and parking garages, as set out in the Two-Way Shared Facilities Agreement between Essex I and Essex II.

This committee reports to the two Essex Boards of Directors and is comprised of two members from each board.

Members of the committee are:

Sundeep Chauhan, Gary Mark Keiser
Stephen Perelgut, and Fred Reichl.

New Resident Advisory Committees

At their inaugural meeting, the Two-Way Shared Facilities Committee established a new set of cross-Essex resident volunteer advisory committees reporting to the Two-Way Shared Facilities Committee.

The committee Co-Chairs are:

Grounds and Housekeeping – Sheila Dowdell; Carol Goldman

Social – Sheila Dowdell; Jessica Dwyer

Communications – Sunny Pike; Fred Reichl

Each Essex Board also approved a new tower-specific resident advisory Housekeeping Committee.

Tower Committee Chairpersons are:

Essex 1: Housekeeping – Carol Goldman

Essex 2: Housekeeping – Gary Mark Keiser

These resident advisory committees replace the previous committee structure.

While these committees provide an ongoing avenue for some residents to provide specific input to the management of the Essex site, all residents, of course, can offer their thoughts and advice, anytime, preferably in writing.

Breakfast at the Essex

On March 12th in our party room, the people of the Essex gathered for the most important meal of the day, breakfast. Some enjoyed a simple coffee and others a *Big Breakfast* of eggs, bacon, toast, fruit and juice. The event team was more than welcoming and the neighbours were all in their morning glory to be greeted by

them all. It was such a bright occasion to meet new friends, network and find common interests. It was overwhelmingly a success. The Essex community hopes that you join us in many future social activities that give you an opportunity to know your neighbours and get the scoop on what is exciting at the Essex.



It's a Walk in the Park!

Spring! And it's great to enjoy the outdoors in warm weather again! If you're looking for a local nature spot to have a delightful walk or perhaps a family picnic lunch, you are sure to enjoy **Humber Bay Park** on the shore of Lake Ontario.

Located at the mouth of Mimico Creek, the park is divided into East and West sections, defined by the land spits on either side of the creek. Humber Bay East is my favourite. You enter at the foot of Park Lawn Road on the south side of Lakeshore. The West entrance is just a little further west. Both sides offer

free parking, with a connecting footbridge.

With each turn in the path, the view changes and something beautiful awaits you. In summer, the open spaces are alive with tall grasses, bushes, and wildflower meadows. You can also walk along a short stretch of pebbled shoreline and just let the waves splash up to your shoes. And the view of the Toronto downtown skyline across the bay is spectacular on a clear day. On the warmest days, you'll see lots of sailboats on the lake. The big boys (that's right, the men!) love to race

their remote control model boats in the boating pond. It's relaxing just to watch them.

Birds? I once counted over fifty swans in the creek. You'll also see Canada geese, cormorants, mallards and other ducks, seagulls, songbirds, and, if you are really lucky, you might catch a glimpse of a Great Blue Heron.

Of course, you'll want to go back in the fall for the colourful leaves, especially those flaming red sumac bushes. There's no bad season at Humber Bay Park. Don't forget to take your camera (and the dog!).

Traffic Safety Measures Continue

In consultation with a Parking Management Specialist, new signs and procedures are being put in place to improve safety and traffic flow through the garage and above ground parking areas.

1. **Additional mirrors and re-positioning of the others at the bottom of the front entrance ramp.** Drivers can now see cars coming from all three directions.
2. **Signs directing visitors how to exit the rear garage door.** The front door no longer opens automatically when approached and visitor traffic

up the ramp is reduced.

3. **New front garage door.** Your fob is now needed to enter AND exit this door. (The door will now be closed more of the time, thereby increasing security and reducing wear and tear on the door.)
4. **"Exiting traffic has the right of way"** sign above the entrance to the garage at the bottom of the ramp.
5. **"Visitor Parking"** sign at the top of the ramp to reduce visitor uncertainty about parking options.
6. **New white line at the above**

ground stop sign for visitors passing the garage exit as they leave the Essex. This is to emphasize the need for a complete stop.

7. **"Yield to hidden driveway"** sign at the same spot. This is to avoid confusion of right of way (exiting ramp traffic first).
8. **New pavement arrows on the driveway entrance and exit** to eliminate cars exiting through the entry lane.
9. **"No Left Turn" sign at the exit to Dundas Street** to reinforce the City of Toronto traffic regulation.

Please Mind the Noise While Working Out

Rule: The only sound equipment allowed in the recreation facilities are earphones **no one else can hear.**

Please respect others while getting fit.

Some easy tips:

1. Please use earphones.

2. Do not use cell phones.
3. Keep the volume on the TV at a reasonable level.

Spring is here



Your Invisible Roommates?

Moulds (germs) are members of the fungi family and occur naturally within our environment. However, they can cause even healthy people to suffer runny noses, eye irritations, headaches and many other symptoms.

Our greatest concern for moulds invading here at the Essex is through the air-conditioning system fan coil units. Chilled water coils are not very efficient at removing all the water vapour from the air. This higher humidity creates a perfect environment for mould to grow.

You can help by ensuring that your fan coil filter gets

changed at least once a year and more frequently for even better air quality. An annual professional inspection and cleaning are also very important. More ways to help are running your fans when cooking or showering and reporting any leaks to the Property Manager.

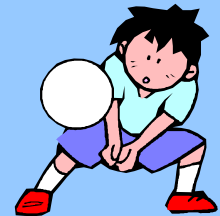
The bacteria that causes Legionnaires disease is present in man made and natural water environments. Transmission occurs when water containing the organism becomes airborne and is inhaled. Some potential trouble spots are in your own suite. Small amounts of water can

sit in showerheads and faucets. Clean your shower head and the faucet aerators of all of your sinks regularly to reduce the risk. Potential areas of concern within the common elements include the fountain, the spa and the building cooling tower. The Essex engages the services of a qualified water specialist to oversee the cooling towers maintenance program. Regular treatment and maintenance programs are also in place for the pool, whirlpool and fountain. Together we can keep the Essex community a healthy place to live.

Time to enjoy the outdoors!

For everyone's safety,

NO ball games



NO skateboarding



NO boisterous play allowed anywhere at the ESSEX.

Please remind your children to use public parks for their fun and games

New Pool Schedule – Effective May 1, 2006

In response to several requests, the Two-Way Shared Facilities Committee set a trial schedule for swimming pool hours, effective April 1.

The schedule balances the needs of adults and families and lets adults swim without

concern about child safety. Based on feedback from residents since then, the schedule was modified slightly for the summer to allow a longer period of family time in the evening. The schedule will be reviewed again in the fall.

Effective May 1, 2006:

Swimming Pool Hours are:

5 am – 10 am Adults only

10 am – 12 pm Family

12 pm – 1 pm Adults only

1 pm – 9 pm Family

9 pm – 12 am Adults only

Neighbourhood Tip

New to Six Points Plaza, **Fortuna's Fine Foods** is a convenience food store complete with fresh

vegetables, dairy products, breads, cut meats, flowers and more. Give them a try.

CALLING ALL ESSEX BRIDGE PLAYERS!!

Sign up for afternoon or evening sessions in a note left with your Building Concierge or in an email to: EssexNews@theessex.ca

The Back Page

CONTACT NUMBERS



Phase 1 Concierge: 416 239-0685 (24 hours a day)

Phase 2 Concierge: 416 239-2286 (24 hours a day)

Property Manager: 416 239-9786 Monday 10 am to 7 pm
Tues. – Fri. 9 am to 5 pm

Move/Delivery Hours: Monday to Saturday – 8 am to 8 pm

Book **Moves/Deliveries** via your building Concierge

Essex Club Recreation Centre Hours: 5 am to 12 midnight

Book **Party, Board/Meeting Rooms & Guest Suites** with the Property Mgr.

Book **Virtual Golf, Billiards Room & BBQs** with your building Concierge

Check out the **Essex Website** <http://www.theessex.ca/> for much more information about the Essex Community.
Click on <http://www.theessex.ca/feedback.htm> to offer a suggestion or ask a question about life at the Essex.



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