

## Amenities Rules and Regulations SWIMMING POOL

These rules and regulations are in compliance with The Ontario Regulation 565 under the Health Protection and Promotion Act, R.S.O.1990, c.H.7 and the requirements of the Regulation, Toronto Public Health the Public Pool, Public Spa and Class C Operator's manual.

1. These facilities shall be open for use daily between the hours of 5.00am. to 1200am
2. Each person entering the pool or pool enclosures must comply with the Ontario Health Regulations and all other cautionary signs posted in these facilities.
3. The hours of specific operation is as follows:  
Family time: 10.00am-12.00pm **every day**  
1.00pm -9.00pm **Monday/Wednesday/Friday/Saturday**  
1.00pm-7.00pm **Tuesday/Thursday/Sunday**  
Adult time: 5.00am-10.00am, 12.00pm-1.00pm **every day**  
9.00pm-12.00am **Monday/Wednesday/Friday/Saturday**  
7.00pm-12.00am **Monday/Wednesday/Friday/Saturday**
4. This pool is unsupervised. Bathers under the age of twelve (12) years are not allowed unless accompanied by a resident adult.
5. The total number of bathers on the deck and in the pool **shall not exceed ten (10)**.
6. Guests must be accompanied by a Resident.
7. Bathing caps **must be worn** by all persons with hair longer than chin length.
8. Sun tan oils, lotions, creams, grease or other such preparations must be showered off thoroughly before entry or re-entry into the swimming pool, sauna or whirlpool. Each bather **shall take a shower using warm water and soap and thoroughly rinse off all soap** before entering or re-entering the pool area.
9. Proper swimming attire must be worn in the pool. Cut-off shorts are not considered proper attire. Street shoes may not be worn in the pool area.
10. Anyone with sores, open wounds, vomiting or diarrhea, infections/communicable diseases or any known unhealthy condition of the body potentially detrimental to others shall not use the swimming pool, sauna or whirlpool.
11. A child under the age of two (2), or any other child lacking toilet training, shall not be permitted use of the swimming pool unless the child is wearing disposable swimming pants designed to minimize the chances of defecating or urinating in the pool. In the event that the child pollutes the pool their parent or guardian shall reimburse the Shared Facility for all associated cleaning costs or expenses.
12. No person shall bring skin diving or scuba gear, inflatable item, toy, ball, floating object, flippers or other device into the pool, whirlpool or sauna enclosures.
13. Flotation devices, exercise equipment, and flutter boards may be used only during scheduled group classes; such classes shall not be held on Saturdays, Sundays. Bathers may wear personal swimming aids in the pools.
14. Only water contained in non-breakable containers is permitted within the pool enclosures.
16. No person shall pollute the water in the swimming pool or whirlpool in any manner; spitting, spouting of water and blowing the nose in the pool are prohibited. Anyone who causes either pool to be polluted shall reimburse the Shared Facility for all associated cleaning costs and expenses.
19. Boisterous play, fighting, reckless behaviour or unseemly conduct (i.e. spitting) in or about the swimming pool, whirlpool or sauna and diving or jumping into the whirlpool is prohibited.
20. The emergency telephone and emergency rescue equipment is located on the wall; they shall be used for emergency purposes only and shall not otherwise be tampered.

**SAUNA , WHIRLPOOL AND CHANGE ROOMS**

1. Children under the age of twelve (12) years are **not permitted** in the whirlpool or sauna. *Unlike adults children are not able to dissipate heat properly. As well children should not be allowed in the hot tub unless they can stand on the bottom and have their heads completely out of the water.*
2. Do not use if you have an open sore or rash, or are experiencing nausea, vomiting or diarrhea.
3. **CAUTION:** Prolonged exposure to direct force of whirlpool water jets can cause injury. **The whirlpool should be used with caution. Consult your physician regarding your health risk. Heat can place undue stress on the heart. Duration of no more than fifteen (15) minutes at a time is recommended. Pregnant women and persons with known health or medical conditions should consult with a physician before using a whirlpool.**
4. Only TWO (2) people are allowed in the whirlpool at any one time.
5. Washing with soap and water and rinsing thoroughly is required before entering the whirlpool.
6. Bathing suits must be worn in the whirlpool
7. Due to the nature of the DRY sauna, NO WATER should be splashed on the rocks because this will damage the heating element.
8. Buckets, containers, glass, and combustible materials are not allowed in the sauna.
9. The sauna doors shall not be left open.
10. No one shall tamper with the sauna or whirlpool controls. The timer in the sauna or the whirlpool must not be turned off prior to the time being elapsed.

**CHANGE ROOMS**

1. When using the change rooms, common courtesy and proper hygiene must be observed at all times. (e.g. if using the sink/counter, they must be cleaned after use). Please use common courtesy and limit showering time to 15 minutes.

2. Locks used on lockers and items stored must be removed after each use. Any locks left for more than 48hrs will be removed and contents of lockers will be turned to Lost and Found.
  
3. Persons observing what they believe to be a violation of these rules are asked to report the same to the Office or to your specific Concierge as soon as possible so take appropriate action can be taken.

February 2024